



Public Location: Letter of Interest

Mission:

re:MIND provides free and confidential support groups for individuals living with, or family and friends affected by, depression and bipolar disorders.

Requirements:

In order to reach individuals with depression and bipolar disorder, re:MIND collaborates with organizations and communities in the surrounding area. To have a re:MIND support group at your location, an interest list of 15-20 individuals is required. The interested location must not be within 5 miles of another re:MIND support group and must be within 25 miles of 77027 zip code. The facility used must be wheelchair accessible, with adequate parking, and, preferably, close to public transportation. In addition, the location must be able to provide a confidential space, with chairs, for 2 hours (this covers a 90 minute group with set up and close down time). This will include 5 minute before and after group set up/close down and time for a 90 minute support group. Participation in re:MIND support groups is voluntary. Once a group is open, it should have at least 5-8 participants present at each group meeting.

If requirements are met, re:MIND will provide a professionally trained, managed and monitored facilitator to lead a weekly support group. (Both entities agree to market/advertise the group.) Thanks to our generous donors we provide our weekly support groups, valued at more than \$20,000 per year, to communities who are ready to talk about mental health at no cost.

How to Apply:

If you are interested in having a re:MIND support group at a public location, please submit a letter of interest by **email: info@remindsupport.org** or **fax: 713-600-1137**. Please include name of location and address and a contact person's name, email address and phone number. No phone calls please.

All letters of interest can be sent throughout the year. Following receipt of letter of interest, re:MIND Program Staff will follow up within 7-10 business days for a possible meeting at site location.