


re:
MIND


DEPRESSION & BIPOLAR SUPPORT

Annual
Report
2019





“I believe Gary Levering would be proud to see the mission he strongly believed in continue to help those affected by depression and bipolar disorders. Supporting good mental health allows individuals to have gratifying and productive lives.”



Dear Friends,

As I finished 2019 as Board Chair of re:MIND, I felt very thankful for the strong support this organization sees from its many donors in the community. It is through your support we are able to continue to provide life-saving, free and confidential support groups to both adults and youth in our community.

Throughout last year we introduced new staff members beginning with our Executive Director Jennifer Leal in January. This began a new chapter for re:MIND bringing new ideas for the organization to evolve with a changing world for mental health support. It is through donations from the individuals, foundations and corporations that are recognized in this report that we are able to continue to help those suffering from depression, bipolar disorder and other mental illnesses in new ways.

Last fall we held one of the most successful Circles of Hope Luncheon's to date raising more than \$364,000 in support of re:MIND's life-saving mission. We heard Darryl Strawberry's story of the importance of mental health and how it impacted him his entire life, especially throughout his professional baseball career.

I believe Gary Levering would be proud to see the mission he strongly believed in continue to help those affected by depression and bipolar disorders. Supporting good mental health allows individuals to have gratifying and productive lives. You, as donors, understand these principles and make re:MIND what it is today.

The need for re:MIND services has never been more important. I am proud of how the organization has shifted to meet these changing needs this year and I can't thank you enough for your past support. I hope you will continue to support the work re:MIND does and the people who use its services going forward.

With gratitude,

David D. Kinder
2019 Board Chair



Mission Moment Letter

The 2019 Circles of Hope Luncheon featured re:MIND group participant, Jim Wheat, as this year's mission moment speaker. Jim has been a participant for several years and is thankful for the sense of security and togetherness he finds when he is at his support group. Jim Wheat spoke with Executive Director Jennifer Leal after the luncheon and shared how meaningful the entire experience had been for him.

CAN YOU SHARE WITH US YOUR PERSONAL JOURNEY BEING IN A SUPPORT GROUP?

I have attended re:MIND support groups for over five years and they have helped me through some of my darkest and hardest times. I find encouragement watching other participants who attend grow comfortable sharing more each week and seeing their progress over time. I work full-time and have children, and because of these support groups, I have managed to personally maneuver through hard times and maintain employment. I will never stop going. The decision to attend a support group is part of my life and mental health maintenance is ingrained in me now forever.

WHAT WAS THE LUNCHEON EXPERIENCE LIKE MEETING DARRYL STRAWBERRY AND PERSONALLY SHARING YOUR STORY WITH HIM?

I remember being a young man watching Darryl Strawberry play baseball. Never in my life did I think a sports star like him would really understand or share similar struggles as me. When I heard Darryl speak at the luncheon I felt

so moved that I stayed behind until the end of the event to reach out to him. We talked about the re:MIND support groups and the importance of continuing to attend and share with others because the ultimate goal is to find support and give support. Darryl told Jim that he wished he would have had support groups like these when he was younger. He said the greatest thing you can do is share your story to help others.



Darryl Strawberry and Jim Wheat at the 2019 Circles of Hope Luncheon.

DID YOUR SUPPORT GROUP KNOW YOU WOULD BE SPEAKING AT THE ANNUAL RE:MIND CIRCLES OF HOPE LUNCHEON?

My support group was a huge factor in giving me the courage to speak at the luncheon. They helped me, supported me and could not wait to hear how the event turned out. I told them I had shared my story with over 400 people when I stood on the stage and spoke. I told them it felt like there were so many people there supporting me, even though I will never meet most of them personally. So many people make these groups happen and it connects all of us, even when we do not think there is a connection.

A NOTE OF THANKS FROM JIM WHEAT TO OUR DONORS:

I want to extend a special thank you to the board and to everyone who supports re:MIND through donations and the Circles of Hope Luncheon. It meant so much to have been asked to come and share my story. It is amazing to think how many people care and help make these groups happen for thousands of people in Houston. It was very special to see so many faces and feel even though I may not see them again, I know they are rooting for me and supporting me, along with everyone who seeks re:MIND's services.





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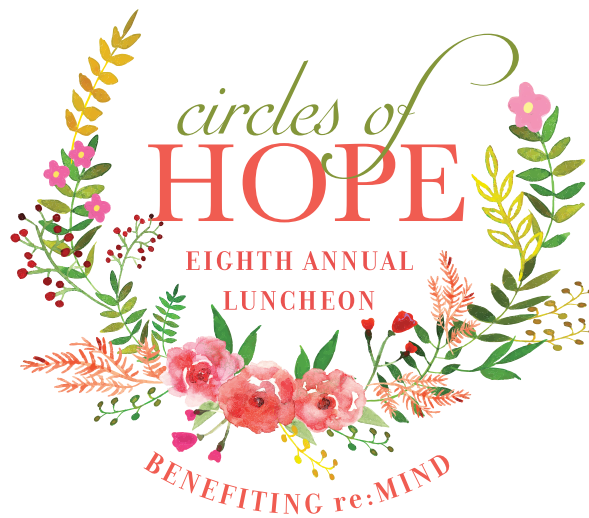
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re:MIND hosted its Eighth Annual Circles of Hope Luncheon on September 24, 2019. Formerly known as the Help.Hope. Healing Luncheon, the event raised more than \$364,000 in support of re:MIND's life-saving mission to provide free and confidential mental health support groups for individuals living with, and family and friends affected by, depression and bipolar disorders.

More than 350 guests attended the event chaired by April and Wells McGee. This year, re:MIND was proud to honor Franna and Ted Litton with the Gary Levering Mental Health Impact Award for their unwavering commitment to re:MIND, inspiring generations of loyal leadership and generous donors. The luncheon featured guest speaker and former Major League Baseball star, Darryl Strawberry, who shared his story of triumph over addiction and mental illness to help others who may be experiencing the same battles.





We are very grateful for the generous support of the
2019 Circles of Hope Luncheon Underwriters.



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Financial Information

January 1, 2019 through December 31, 2019



2019 PER AUDITED FINANCIAL STATEMENTS

SOURCE OF FUNDS

Contributions	774,757.00
Special Events	317,851.00
In-Kind Gifts	423,156.00
Donated professional services	22,400.00
Investment & Other	115.00
Net assets released	
from restrictions	151,252.00

TOTAL SOURCE OF FUNDS 1,918,461.00

Include In-Kind grant from Google, Inc.

USE OF FUNDS

Personnel Staff	555,616.00
Program Facilitators	286,906.00
In-Kind expense-	
Google Grants advertising	423,156.00
In-Kind expense-	
imputed support group	
space rental	228,930.00
Contract Services	84,277.00
Equipment rental and maintenance	3,196.00
Facilities	117,568.00
Fundraising	77,757.00
Furniture, fixtures, and equipment	11.00
Insurance	7,427.00
Office expenses	28,774.00
Other	7,843.00
Technology	20,598.00
Travel and meetings	3,910.00
Depreciation	1,240.00

TOTAL USE OF FUNDS 1,847,209.00



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re: MIND

DEPRESSION & BIPOLAR SUPPORT

re:MIND provides free and confidential support groups for individuals living with, and family and friends affected by, depression and bipolar disorders.

re:MIND is a 501(c)(3) nonprofit organization.
All gifts to re:MIND are tax-deductible to the extent allowed by law.
Fair market value for each luncheon seat is \$50.

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